

# ABC Essay Contest

**Essay Topic:** From Challenges to Change, Youth Solutions for a Better Rochester

**Essay Question:** What challenges do you see affecting youth in Rochester today, and how would you address them to create positive change?

**Focus:** The focus of this Essay is to identify problems youth are facing, and to come up with solutions. In doing so you are helping with community development and envisioning long-term outcomes. Think about what programs, spaces, or resources you believe Rochester needs more of to support young people. If you had the power, what would you do to help create or promote these resources?

**Awards:** Prizes will be awarded to the Top 3 Winners. This may include, but is not limited to Scholarships, School Supplies, Dorm Supplies, and/or Technology equipment.

**Requirements:** All Essays must be at least 500 words. Students must be a current high school senior, or a current college freshman. If awarded a copy of your current transcript, grades, or acceptance letter will be required for confirmation.

**Submissions:** Essays are due by Friday June 20<sup>th</sup>, 2025. Please submit your essay along with the cover page to [abcinfo.org](http://abcinfo.org) or email a copy to [youthservices@abcinfo.org](mailto:youthservices@abcinfo.org).

If emailing please be sure to include the following in the subject line of your email:  
First Name, Last Name- Essay Contest.

# ABC Essay Contest Cover Page

**Essay Topic:** From Challenges to Change, Youth Solutions for a Better Rochester

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**Submissions:** Please submit a 500 word essay addressing the topic above. All Essays are due by Friday June 20<sup>th</sup>, 2025. Please submit your essay along with this signed cover page to [abcinfo.org](http://abcinfo.org). You can also email a copy to [youthservices@abcinfo.org](mailto:youthservices@abcinfo.org) with the subject line (First Name, Last Name- Essay Contest).

Student Name: \_\_\_\_\_

Student Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

School: \_\_\_\_\_

Grade: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Parent Phone: \_\_\_\_\_

Winners will be notified by email and phone, so please ensure you have access to your email and a working number available. Thank you!

I give my consent to allow \_\_\_\_\_  
(Student Name)

to submit for consideration the attached essay. It is my understanding that any and all works submitted remain the property of Action for a Better Community. I do understand and consent that any essay may be used by Action for a Better Community for promotional purposes. I do consent to allow Action for a Better Community to use any photographs taken, or relinquished for future flyers, promotional materials for future essays, and for the purpose of the ABC website and/or newsletter. I do hereby remise, release, and hold harmless Action for a Better Community and its representatives, successors and assigns, now and forever from all actions, suits, claims, covenants, damages, executions, demands, and every other extent which I or our heirs, representatives, successors and assigns ever had and nor have and may ever have arising out of the aforesaid authorization and consent, or by any reason of any other cause of thing whatsoever, hereby relinquishing all interest therein and expressly waiving all claim and title thereto and therefore.

Student Signature: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_