

## HOME HEALTH AIDE (HHA)/ PERSONAL CARE AIDE (PCA)



**Home Health Aides (HHAs) and Personal Care Aides (PCAs)** help people with disabilities, chronic illnesses, or cognitive impairment by assisting in their daily living activities. These workers are employed in a variety of settings: clients' homes, group homes, and day services programs.

- ⇒ **HHAs are** certified, offer health-related services, and work in certified home health or hospice agencies.
- ⇒ **PCAs are not** typically certified, offer more home-making and companionship services than health-related services, and work in a public or private agency — may be hired by patient or patient's family.

**Education Needed:** High school degree or equivalent (some employers do not require it)

**Training Requirement:** Requires completing formal training and passing a standardized exam, leading to a certification

**Median Annual Wage (latest data is 2020):** \$27,080 (or \$13.02 per hour)

**Demand** for Home Health Aides and Personal Care Aides are projected to increase as the baby boomer population ages and the elderly grow. Home Health Aides and Personal Care Aides are expected to grow faster than the average for all occupations.

For a description of *HHA/PCA*, go to [www.onetonline.org](http://www.onetonline.org) or contact SWFI.

SOURCE: U.S. BUREAU OF LABOR STATISTICS; O\*NET ONLINE;  
THE BALANCE CAREERS; NYS DEPARTMENT OF HEALTH

**Rochester Rehabilitation Center's Strengthening Working Families Initiative (SWFI)** offered a program in partnership with area employers, businesses, education and training institutions and community organizations to create access to living-wage jobs, and support career advancement in high demand industries for parents with dependent children at home. Job training, job placement, career advancement and benefits management were all a part of this initiative. Key Partners: Child Care Council, Inc. and Action for a Better Community, Inc.

SWFI provided low- to middle-skilled parents opportunities to advance in their careers in high-growth or in high-demand industries-including health care, advanced manufacturing, and information technology — while addressing barriers related to accessing training and employment faced by those with child care responsibilities.

The training directory was produced by SWFI's Trainers Network. The Network, led by the SWFI partner, Action for a Better Community, Inc., consisted primarily of training programs, as well as workforce system organizations, government agencies and community-based organizations in Monroe County, NY that came together to address training-related community needs.

The SWFI program ends on June 30, 2021. However, **Rochester Rehabilitation Center staff are available to provide information about getting help with paying for training-related items, childcare and transportation.** Staff will also have information about the future work of the Trainers Network and the program to replace SWFI. For more information, contact:

Rochester Rehabilitation Center  
1357 University Avenue  
Rochester, NY 14607  
(t) 585-263-2690  
[SWFI@ROCHESTERREHAB.ORG](mailto:SWFI@ROCHESTERREHAB.ORG)

This workforce product was funded by a grant awarded by the U.S. Department of Labor's Employment and Training Administration. The product was created by the recipient and does not necessarily reflect the official position of the U.S. Department of Labor. The Department of Labor makes no guarantees, warranties, or assurances of any kind, express or implied, with respect to such information, including any information on linked sites and including, but not limited to, accuracy of the information or its completeness, timeliness, usefulness, adequacy, continued

## STRENGTHENING WORKING FAMILIES INITIATIVE (SWFI)



### Home Health Aide (HHA)/Personal Care Aide (PCA) Training Resource Directory

to help parents in Monroe County become  
aware of available HHA/PCA training  
resources

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Organization	Location	Website	Training Classes Offered	Help with Paying for Training
			<p><b>*Call the organization to get more information/updated information</b></p>	<p><b>Contact RochesterWorks, Inc. or NYS Department of Labor</b> at <a href="http://www.Rochesterworks.org">www.Rochesterworks.org</a> and <a href="http://www.dol.ny.gov/find-job-0">www.dol.ny.gov/find-job-0</a> or 585-258-3500</p> <p><b>Contact SWFI</b> for information about getting help with paying for training –related items, childcare and transportation-<b>see last page for contact info</b></p>
All Metro Health Care-Rochester	1344 University Avenue, Suite 100 Rochester, NY 14607 (t) 585-381-6240	<a href="http://www.all-metro.com">www.all-metro.com</a>	State-approved Personal Care Aide Training (certification) *first step, complete training application and be interviewed	Cost: Free; open to job applicants
Angels in Your Home	1495 Lake Avenue Rochester, NY 14615 (t) 585-392-1118 (f) 585-392-1112 Contact Person: Marie Forte, Recruiter (t) 585-392-1118 ext. 137 Mforte@angelsinyourhome.com	<a href="http://angelsinyourhome.com">http://angelsinyourhome.com</a>	State-approved Personal Care Aide Training (certification)  <b>Length of Training:</b> Contact the organization <b>Training Open to Public:</b> Contact the organization <b>Training Open to Job Applicants:</b> Contact the organization	Cost: Contact the organization
CareGivers Home Care	Recruitment and Training Site 2509 Browncroft Blvd., Suite 210 Rochester, NY 14625 (t) 585-394-6090; (f) 585-394-4174	<a href="https://caregivershomecare.com">https://caregivershomecare.com</a>	State-approved Personal Care Aide and Home Health Aide Training Program (certification)  <b>Length of Training:</b> Contact the organization <b>Training Open to Public:</b> Contact the organization <b>Training Open to Job Applicants:</b> Contact the organization	Cost: Contact the organization
Companion Care of Rochester (CCOR)	556 South Clinton Avenue Rochester, NY 14620 (t) 585-546-1600	<a href="http://www.ccorhome.com">www.ccorhome.com</a>	State-approved Personal Care Aide Training (certification)  <b>Length of Training:</b> Contact the organization <b>Training Open to Public:</b> Contact the organization <b>Training Open to Job Applicants:</b> Contact the organization	Cost: Contact the organization
Home Care Plus-Rochester	3111 Winton Road South Rochester, NY 14623 (t) 585-214-1219	<a href="http://www.lifetimecare.org">www.lifetimecare.org</a>	State-approved Home Health Aide Training Program (certification)  <b>Length of Training:</b> Contact the organization	Cost: Free for employees *training only available for employees
HCR Home Care	85 Metro Park Rochester, NY 14623 (t) 585-272-1930	<a href="https://hcrhealth.com">https://hcrhealth.com</a>	State-approved Home Health Aide Training (certification)  <b>Length of Training:</b> CNA: 1 day and PCA: 5 day *depending on qualifications	Cost: Free to job applicants *training only available to job applicants
Jewish Senior Life	2021 Winton Road South Rochester, NY 14618 (t) 585-784-6384	<a href="http://www.jslfoundation.org">www.jslfoundation.org</a>	State-approved Personal Care Aide and Home Health Aide Training Program (certification)  <b>Length of Training:</b> Contact the organization <b>Upcoming Trainings:</b> Trainings temporarily suspended (check back later in the year)	Cost: Contact the organization

Organization	Location	Website	Training Classes Offered	Help with Paying for Training
			<p><b>*Call the organization to get more information/updated information</b></p>	<p><b>Contact RochesterWorks, Inc. or NYS Department of Labor</b> at www.Rochesterworks.org and www.dol.ny.gov/find-job-0 or 585-258-3500</p> <p><b>Contact SWFI</b> for information about getting help with paying for training –related items, childcare and transportation-<b>see last page for contact info</b></p>
Monroe Community College (MCC)	321 State Street Rochester, NY 14650 (t) 585-685-6004	<a href="http://www.monroecc.edu">www.monroecc.edu</a>	<p>State-approved Home Health Aide Training Program (certification)</p> <p><b>Length of Training:</b> Contact the organization <b>Upcoming Trainings:</b> No classes</p>	Cost: Contact the organization
PRALID Home Services	2 Townline Circle Rochester, NY 14623 (t) 585-442-6420	<a href="http://www.epiny.org">www.epiny.org</a>	<p>State-approved Personal Care Aide Training Program (certification)</p> <p><b>Length of Training:</b> 2 weeks <b>Upcoming Trainings:</b> Trainings temporarily suspended (check back in the Fall 2021)</p>	<p>Cost: Free paid training for applicants and employees *training only available to job applicants and employees</p>
Rochester Educational Opportunity Center	161 Chestnut Street Rochester, NY 14604 (t) 585-232-2730 (f) 585-232-4391 reocadmissions@brockport.edu	<a href="https://reoc.brockport.edu/programs/home-health-aide">https://reoc.brockport.edu/programs/home-health-aide</a>	<p>State-approved Home Health Aide Training Program (certification)</p> <p><b>Length of Training:</b> 8 weeks</p>	Cost: Free; open to the public
Tender Loving Family Care	2956 St. Paul Boulevard Rochester, NY 14617 (t) 585-637-0333 Contact: Marissa at 585-637-0333 ext. 1015 or Kylie at 585-637-0333 ext. 1013	<a href="https://tenderlovingfamilycare.com">https://tenderlovingfamilycare.com</a>	<p>State-approved Personal Care Aide and Home Health Aide Training (certification) *Currently only providing PCA training</p> <p><b>Length of Training:</b> PCA: 1 day class and 6 day class (depending on qualification)</p>	Cost: Free; open to the public
Unlimited Care, Inc.	1200 Jefferson Road, Suite 206 Rochester, NY 14623 (t) 585-272-8800	<a href="http://www.unlimitedcareinc.com">www.unlimitedcareinc.com</a>	<p>State-approved Personal Care Aide and Home Health Aide Training Program (certification)</p> <p><b>Length of Training:</b> PCA: 1 week, HHA: 2 weeks</p>	<p>Cost: Free to job applicants *training only available to job applicants</p>
U of R Medicine Home Care	2180 Empire Boulevard Webster, NY 14580 (t) 585-787-2233	<a href="http://www.urmc.rochester.edu/home-care.aspx">www.urmc.rochester.edu/home-care.aspx</a>	<p>State-approved Personal Care Aide and Home Health Aide Training Program (certification)</p> <p><b>Length of Training:</b> PCA: 8 days; HHA: 3 weeks <b>Upcoming Trainings:</b> HHA: 8/6/21-9/3/21 at 9:00 am-4:30 pm</p>	Cost: Free; open to the public
Venture Forthe, Inc.	687 Lee Road, Suite C-185 Rochester, NY 14606 (t) 716-285-8070	<a href="http://www.ventureforthe.com">www.ventureforthe.com</a>	<p>State-approved Personal Care Aide Training Program (certification)</p> <p><b>Length of Training:</b> Contact the organization <b>Training Open to Public:</b> Contact the organization</p>	Cost: Contact the organization