

ABC Signature Conference Series

January 14, 21 & 28, 2021

Clinical session workshop overviews and educational learning objectives

Poverty and Health Disparities and the correlation, intersection of Racial Trauma

2 contact hours

Billions of dollars have been spent on the research of minority health outcomes, and practice. From engagement to discharge, the process has been studied. Yet there has been a failure to prioritize the impact of racial trauma in correlation with oppression, poverty and the various socioeconomic factors on the individual, the community, treatment behaviors, and provider outcomes. This training will educate Healthcare and community providers on the attitude of sameness that was historically weaved into the American culture, perpetrating systems of violence and discrimination on people of color, traumatically impacting them, future generations, communities and the overall wellbeing of American. Then discuss the benefit to America for increasing racial equality.

Educational Learning Objectives/Outcomes:

- Identify the way America has traumatically impacted at least two ethnic groups.
- Identify two reasons for economic inequality in America.
- Identify two consequences on the body due to the perception of discrimination or racism.
- Identify two types of stress that contribute to health disparities.
- Identify two areas where provider bias has been shown to impact the making of medical decisions.
- Identify two negative health or services outcomes that have been attributed to provider bias.
- Identify one reason for the need to practice self-awareness, and begin to address a personal bias.
- Identify two benefits to America for decreasing racial inequity.
- Identify two individual actions to assist in the decrease of racial inequality.
- Discuss adaptable cross system practices that promote person- centered care

Teaching Methods

This interactive session will combine lecture, demonstration, case study and role-play methods into a creative learning experience for attendees.

1/14 Dr. Latise Hairston and Naomi Davis LCSW

How Does My Positionality Impact My Relationship With My Supervisees and The Connection With Our Clients?

1 contact hour

Use of self is very important in the work of leadership. Understanding your positionality helps you to understand the power dynamic of providing supervision to someone that may not have the same positionality as yourself. You will leave this workshop with a better understanding of your positionality and encouraged to help your staff recognize their own stance as it relates to connecting with the clients they serve. Your team will in turn become comfortable enough to help clients identify their own positionality and how it impacts their relationship with systems and providers

Educational Learning Objectives/Outcomes:

- After completing the session participants will be able to identify their positionality
- After completing the session participants will understand how their positionality impacts the relationship with their supervisee and consumers
- After completing the session participants will be able to identify the intersection between Positionalities and ways to develop an authentic relationship with their supervisee and consumers.

Teaching Methods

This interactive session will combine lecture, demonstration and role-play methods into a creative learning experience for attendees.

1/21 Pascale Jean Noel, LMSW and Nadjete Natchaba, Ed.D., LMSW, MPA

**Cultural Considerations for the Individual and Their
Family in the Treatment of Addiction and Behavioral Health**

2 contact hours

It has been increasingly evident that incorporating full cultural competency and humility into our work with people in recovery is essential. Working with people from diverse cultures and ethnicities requires providers understand issues related to racism, oppression and other socioeconomic influences that will impact treatment, engagement, and eventual outcomes for the individual and their families. This workshop will explore some of the key understandings that are essential to working with people of diverse orientations, especially as this relates to the recovery process. Self-exploration will be encouraged and participant's own experience is seen as valid and helpful. This fundamental examination of self is essential to viewing and understanding others through a culturally informed lens, and ultimately providing services that are well received and relevant. Case presentations will assist attendees in understanding the different ways that people view recovery and will inform us about the relevance of culturally competent care from the lens of cultural humility.

Educational Learning Objectives/Outcomes:

- Participants will identify three relevant theories relating to social class and how we perceive self and others
- Participants will identify four common perceptions that are associated with race
- Participants will identify three cultures that constitute their primary identity
- Participants will identify two new and different lenses through which they can now view the people that they interact with
- Participants will state three perceptions that have changed as the result of this learning

Teaching Methods

This interactive session will combine lecture, demonstration, case study and role-play methods into a creative learning experience for attendees.

1/21 Linda King-Broner, LCSW and Craig Johnson, LMHC, CASAC -T

Intersection of Social Determinants of Health and Racism: Treatment, Service Implications and Community and Business Outcomes

2 contact hours

This session will offer Healthcare, Service Providers and Organization recruiters a macro system and provider level overview of the intersection between racism and social determinants of health. This session will cover the following:

- Review the scholarly research on health equity as it relates to the "stream" of causation.
- Identify the inequities in policy and practice.
- Discuss the economics of poverty and health disparities.
- Discuss key skills and competencies and considerations related to socioeconomic status, stigmas, distrust, and bias.
- Through the development of intentional and culturally relevant goals, offer long-term strategies that combat the policies and practices of systemic racism, and improve individual, organizational and community outcomes.

Educational Learning Objectives/Outcomes

- Identify and develop skills and competencies required when engaging culturally diverse consumers, staff and constitutes.
- Identify policies and practices that are systemically racist, often hinder individual and business success and impact community outcomes.
- Identify ways to include social determinants of health in department, organizational and system level strategic plans that incorporate goals of racial equity with measurable outcomes.
- Identify cross-sector/systems to advance opportunities that engage ethnically diverse teams of collaborators.
- Identify strategies to improve practice and system-based learning

Teaching Methods

This interactive session combine lecture, demonstration, case study and role-play methods into a creative learning experience for attendees. We will also review relevant research and policies.

1/21 Shani Wilson PA-C and Naomi Davis, LCSW

Cultural Humility & Racial Equity from the Lens of a Parent or Caregiver
2 contact hours

This training will help health and human service providers across practices learn key concepts to improve engagement and service delivery for diverse populations through the lens of a parent or caregiver. We will review key principles of cultural humility, racial trauma, trauma informed, motivational interviewing and person-centered practices while understanding considerations of cultural, ethnic and socio-economic factors.

Educational Learning Objectives/Outcomes

- Learn the reality of treatment implications for racially diverse families navigating systems
- Identify the intersection between race, socio-economic conditions and disparities
- Identify and learn key concepts of cultural humility, trauma informed, motivational interviewing and person -centered
- Understand Racial Equity Strategies in the context of Social Determinants of Health/Behavioral Health
- Discussion of adaptable practices for positives outcomes and changes

Teaching Methods

This interactive session will combine lecture, demonstration, case study and role-play methods into a creative learning experience for attendees.

Educational Outcome: After completing this session, participants will recognize key factors and considerations to integrate in service delivery practices and policies when engaging families from racially diverse backgrounds.

1/28 Luis Lopez, MS, Naomi Davis, LCSW and Sara Taylor, BSW, MS